

## Rocksport Dehradun Adventure

*"You must go on adventures to find out where you truly belong." – Sue Fitzmaurice*

From May 11 to 13, the students of Class XII embarked on an exhilarating trip to Rocksport Dehradun. This outing provided an excellent opportunity for the students to gain exposure to trekking and various adventure activities. The students engaged in a variety of challenging and exciting tasks that not only tested their physical limits but also fostered teamwork and camaraderie. The meals provided throughout the trip were exceptional, offering a diverse range of delicious and nutritious options that were thoroughly enjoyed by everyone.

### Day 1 Highlights

- **Arrival and Orientation:** The students arrived at Rocksport Dehradun and were warmly welcomed. They were allotted cottages for accommodation and given an orientation session to familiarize them with the campsite and the schedule of activities.
- **Adventure Activities:**
- **Zip Line:** One of the most thrilling activities, the zip line, allowed students to soar across the landscape, enjoying breathtaking views and testing their courage.
- **Evening Tea and Camp Games:** After a day full of activities, students relaxed with evening tea and participated in various camp games that encouraged team building and strategic thinking.
- **Journal Writing and Reflection:** In the evening, students took time to reflect on their experiences by writing in their journals. This activity allowed them to process their adventures and share their thoughts and feelings with their peers.

### Day 2 Highlights

**Trekking:** The day started with an invigorating trek through the scenic trails of Dehradun. Students experienced the natural beauty of the region and learned about the local flora and fauna.

**Hang Man Game:** Post-trek, students engaged in a fun game of Hang Man, which provided a mental challenge and a break from physical activities.

**Reflection at Bonfire:** In the evening, students gathered around a bonfire to reflect on their experiences. This session was a wonderful opportunity for them to share stories, express gratitude, and bond over their shared adventures.

**Prize Distribution:** To celebrate their efforts and achievements, a prize distribution ceremony was held. Students received awards for various activities, recognizing their participation and enthusiasm.

**Music and Dance:** The day concluded with a lively music and dance session, where students showcased their talents and enjoyed a night of entertainment and celebration.

The students had the opportunity to visit the Forest Research Institute, where they learned about forestry and conservation efforts, gaining insights into the importance of environmental preservation.

The overall experience was highly positive. The students relished the adventure activities and the opportunity to explore a new environment, making the trip a memorable and enriching experience for all involved. The combination of physical challenges, team-building exercises, and reflective

practices provided a balanced and comprehensive adventure that will be cherished by the students for years to come.





